



Holli K. Clepper

## CPR Price Sheet

Holli K. Clepper is pleased to offer affordable CPR classes through the American Heart Association. Holli has been a CPR Instructor for the **American Heart Association** since 1990 and will provide CPR classes at your location. **American Heart Association CPR Cards are valid for 2 years.** Please see the price list below for courses offered. All CPR cards are e-mailed to students within one week of course completion. If student does not have an e-mail address, please provide one for them.

<b>Course Type</b>	<b>Cost Per Student*</b>	<b>What's included?</b>
Heartsaver Adult CPR & AED only	\$45	CPR Manual, wallet card & CPR Card
Heartsaver Adult CPR, AED and First-Aid	\$55	CPR Manual, wallet card & CPR Card
Heartsaver First-Aid only	\$45	First-aid Manual, wallet card & First-aid Card
Heartsaver First Aid, Adult CPR, Child CPR, Infant CPR and AED	\$65	First-aid and CPR/AED Manual, wallet card & First-aid/CPR/AED Card
Health Care Provider	\$75	Health Care provider Manual, wallet card & Health Care Provider card

\* There is a maximum of 10 students per class

**For a complete description of courses visit:**  
<http://www.heart.org/HEARTORG/CPRAndECC>

**Payment Can be made via:**  
**Check: Holli Clepper**  
**Cash**

**Venmo: @Holli-Clepper (last 4 digits of phone 7892)**  
**Zelle: [holliclepper@yahoo.com](mailto:holliclepper@yahoo.com) (619-840-7892)**



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## **Biography:**

Holli Clepper has a B.S. in physical education from Texas A & M, She is an ACE-certified Health Coach, Personal Trainer and Group Fitness instructor as well as an NSCA CSCS and C.H.E.K Practitioner Level 3. She is also a CPR Instructor for the American Heart Association. Holli has been a personal trainer, group fitness instructor, and educator in the fitness industry for over 25 years. She is the owner of Fitness Education Unlimited, a fitness education studio in San Diego, CA, and the author of Prenatal Health and Happiness Through Exercise and Nutrition, Postpartum Health and Happiness Through Exercise and Nutrition, and Pass The ACE and NASM Exams. She has taught and trained at a variety of gyms from the YMCA, to Total Woman to the C.H.E.K Performance Studio. She has held Directorial positions in leading health and fitness companies such as the American Council on Exercise from 1991 - 1999 and The C.H.E.K Institute, whom she is still an education consultant for. Holli has taught educational courses for Exercise Etc., The YMCA, and IDEA World, UCSD Extension, to name a few. Holli has taught CPR for the American Heart Association since 1990.

## **Contact Details:**

Please use the following information to set up a CPR class at your location:

[holliclepper@yahoo.com](mailto:holliclepper@yahoo.com) or  
[holli@inhealthandhappiness.com](mailto:holli@inhealthandhappiness.com)

619-840-7892

AHA CPR Instructor ID# - 03112340028 exp. 6/23

AHA CPR Training Site Affiliation: American Safety